

CUSCO HUMANTAY LAGOON

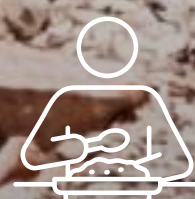
Discover the turquoise waters of Humantay Lagoon, where nature and the Andean spirit unite in perfect harmony



Transportation



Turist guide



Breakfast &
Lunch



Tickets

HUMANTAY LAGOON

Humantay Lagoon is one of the most breathtaking natural wonders of Cusco. Located over 4,200 meters above sea level, it rests at the foot of the majestic Humantay snow-capped mountain, part of the Salkantay range. Its intense turquoise color comes from the glacial waters that flow down from the surrounding peaks. The hike to the lagoon offers spectacular Andean landscapes, featuring mountains, streams, and native vegetation. Considered a sacred place, Humantay Lagoon symbolizes harmony with Pachamama (Mother Earth) and invites visitors to connect with nature's serenity and the spiritual energy of the Andes.

HUMANTAY LAGOON

ITINERARY:

Nuestra aventura comienza entre las 4:00 y 4:30 a.m., con el recojo desde tu hotel en Cusco para iniciar un día lleno de paisajes inolvidables. Viajaremos hacia el pueblo de Mollepata, donde disfrutaremos de un desayuno local con vistas panorámicas de los imponentes Andes. Luego continuaremos hacia Soraypampa, punto de inicio de nuestra caminata.

El ascenso, de aproximadamente 1.5 a 2 horas, nos llevará por un sendero rodeado de montañas, naturaleza andina y aire puro de altura. Aunque el esfuerzo es exigente, la recompensa vale cada paso: la Laguna Humantay, un espejo turquesa que refleja la majestuosidad del nevado del mismo nombre.

Durante el recorrido sentirás los contrastes del clima andino, desde el frío matinal hasta el calor del sol en el ascenso, por lo que es recomendable llevar ropa en capas, bloqueador solar y agua.

Al llegar, tendrás tiempo para descansar, admirar el paisaje, tomar fotografías y conectar con la energía de este lugar mágico, ubicado a más de 4,000 m s. n. m.

Después, retornaremos a Soraypampa y luego a Mollepata para disfrutar de un almuerzo típico antes de regresar a Cusco. Una experiencia que dejará en tu memoria la esencia pura de los Andes peruanos.



INCLUDED:

- Tourist transportation.
- Professional bilingual guide (Spanish / English).
- Traditional breakfast and lunch.
- Entrance ticket to Humantay Lagoon.
- First aid kit.
- Permanent assistance during the tour.

NOT INCLUDED:

- Support horse (optional, with an additional cost)
- Trekking poles (optional)
- Additional snacks and drinks
- Tips for the guide or driver
- Travel insurance

PACKING LIST:

- Wear comfortable and warm clothing.
- Bring a hat, sunscreen, and water.
- Raincoat or poncho for rain.
- Comfortable and resistant trekking shoes.
- Small backpack for personal items.
- Water and energy snacks (nuts, chocolate, cereal bars).
- Trekking poles (recommended).
- Camera or phone with good battery life.
- Bring your ID card or passport.
- Bring cash in soles (for additional expenses).

RECOMMENDATIONS:

- Acclimatize in Cusco at least 1 or 2 days before the tour as the hike takes place above 4,200 meters (13,780 ft).
- Get a good night's rest before the tour and avoid alcoholic drinks.
- Walk at your own pace, but keep track of the group's timing.
- Stay well hydrated throughout the route.
- Bring coca leaves or coca candies to help with the effects of the altitude.
- Do not throw trash or remove plants or stones, respect the natural environment.
- If you're not used to long hikes, consider hiring a support horse.

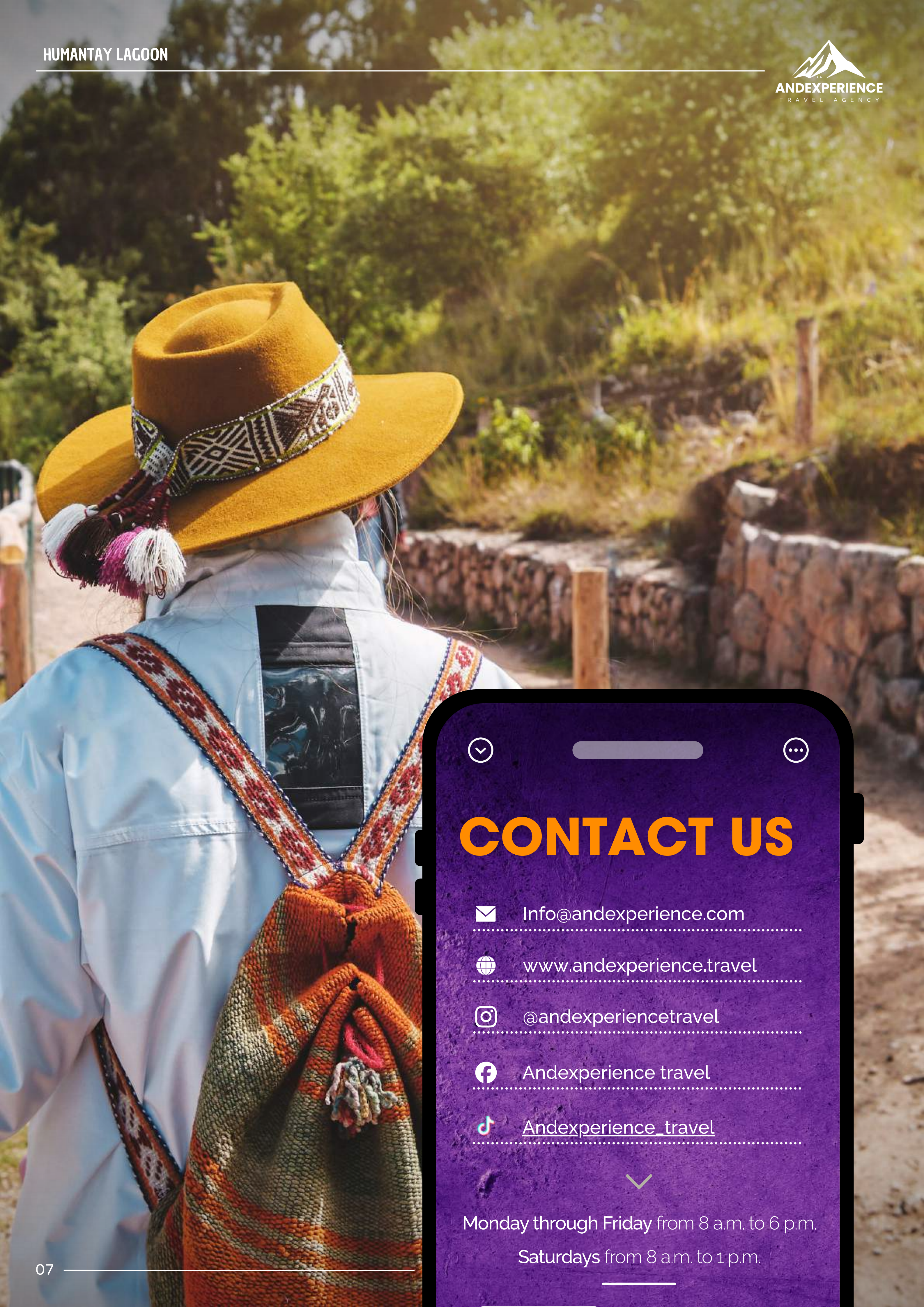


Salkantay Mountain

At 6,271 meters above sea level, Salkantay (from the Quechua Salqa Antay, meaning “wild mountain”) is one of the most majestic peaks of the Vilcabamba Range and the second highest in Cusco. Its imposing presence accompanies the trek to Humantay Lake, inspiring respect and serenity. For Andean communities, it is a sacred Apu, a guardian spirit that protects travelers, nourishes the valleys, and connects the earthly world with the spiritual one.

Humantay Mountain

The Humantay Snow-Capped Mountain, standing 5,473 meters above sea level, is the majestic guardian of the lagoon that bears its name. Its glacier gives birth to the turquoise waters that shift in color with the sunlight, creating a breathtaking landscape. Considered a sacred Apu and brother of the great Salkantay, it radiates a serene energy that invites travelers to pause, breathe, and admire the beauty of this place, where ice, rock, water, and sky come together in perfect harmony.



CONTACT US



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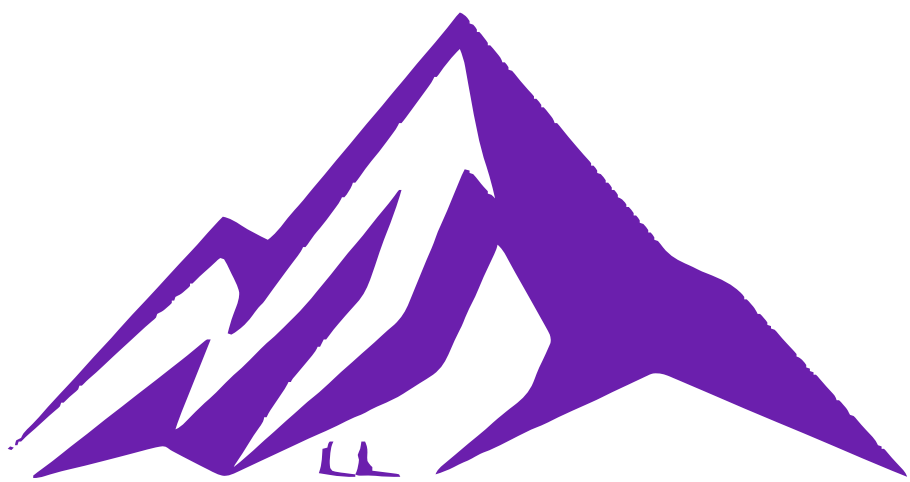


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