

HUMANTAY LAGOON

Humantay Lagoon is one of the most breathtaking natural wonders of Cusco. Located over 4,200 meters above sea level, it rests at the foot of the majestic Humantay snow-capped mountain, part of the Salkantay range. Its intense turquoise color comes from the glacial waters that flow down from the surrounding peaks. The hike to the lagoon offers spectacular Andean landscapes, featuring mountains, streams, and native vegetation. Considered a sacred place, Humantay Lagoon symbolizes harmony with Pachamama (Mother Earth) and invites visitors to connect with nature's serenity and the spiritual energy of the Andes.



HUMANTAY LAGOON

ITINERARY:

Our adventure begins between 4:00 and 4:30 a.m., with pickup from your hotel in Cusco to start a day full of unforgettable landscapes. We will travel to the village of Mollepata, where we will enjoy a local breakfast with panoramic views of the majestic Andes. Then, we will continue to Soraypampa, the starting point of our hike.

The ascent, lasting approximately one and a half to two hours, takes us along a trail surrounded by mountains, Andean nature, and pure high-altitude air. Although the effort is demanding, the reward is worth every step: Humantay Lagoon, a turquoise mirror reflecting the majesty of the snow-capped mountain of the same name.

Along the way, you will experience the contrasts of Andean weather, from the morning chill to the warmth of the sun, so it is recommended to dress in layers, use sunscreen, and bring water. Upon arrival, you will have time to rest, admire the scenery, take photos, and connect with the energy of this magical place, located over 4,000 meters above sea level.

Afterward, we will return to Soraypampa and then to Mollepata to enjoy a traditional lunch before heading back to Cusco. An experience that will leave in your memory the pure essence of the Peruvian Andes.







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INCLUDED:

- Tourist transportation.
- Professional bilingual guide (Spanish / English).
- Tradictional breakfast and lunch.
- Entrance ticket to Humantay Lagoon.
- First aid kit.
- Permanent assistance during the tour.

NOT INCLUDED:

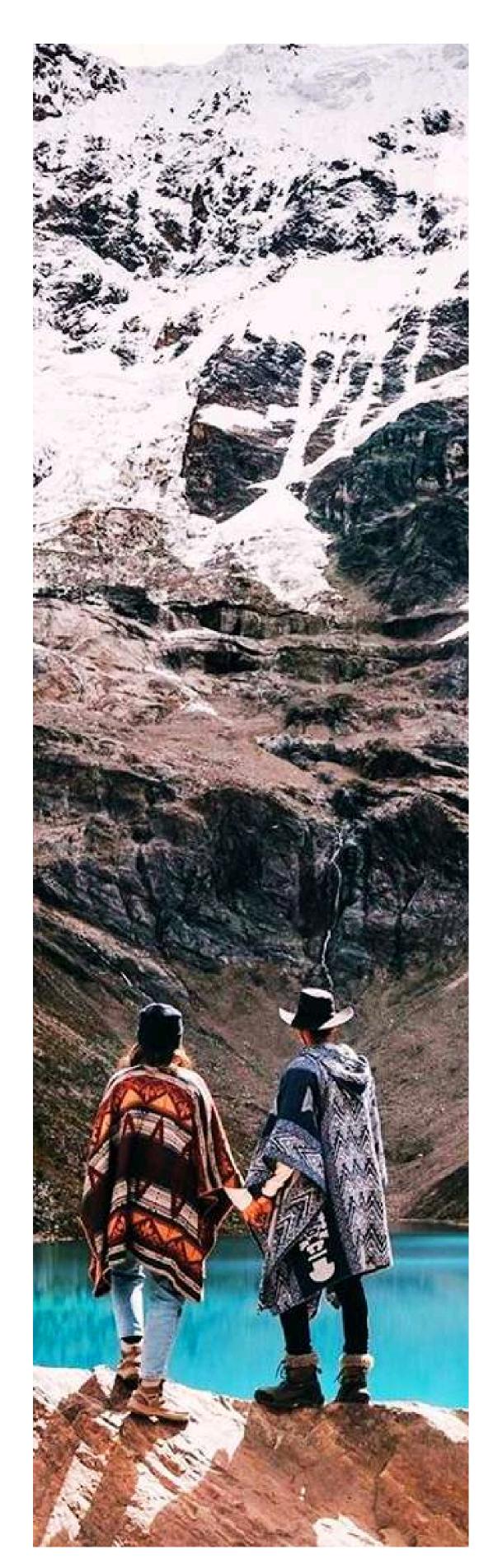
- Support horse (optional, with an additional cost)
- Trekking poles (optional)
- Additional snacks and drinks
- Tips for the guide or driver
- Travel insurance

PACKING LIST:

- Wear comfortable and warm clothing.
- Bring a hat, sunscreen, and water.
- Raincoat or poncho for rain.
- Comfortable and resistant trekking shoes.
- Small backpack for personal items.
- Water and energy snacks (nuts, chocolate, cereal bars).
- Trekking poles (recommended).
- Camera or phone with good battery life.
- Bring your ID card or passport.
- Bring cash in soles (for additional expenses).

RECOMMENDATIONS:

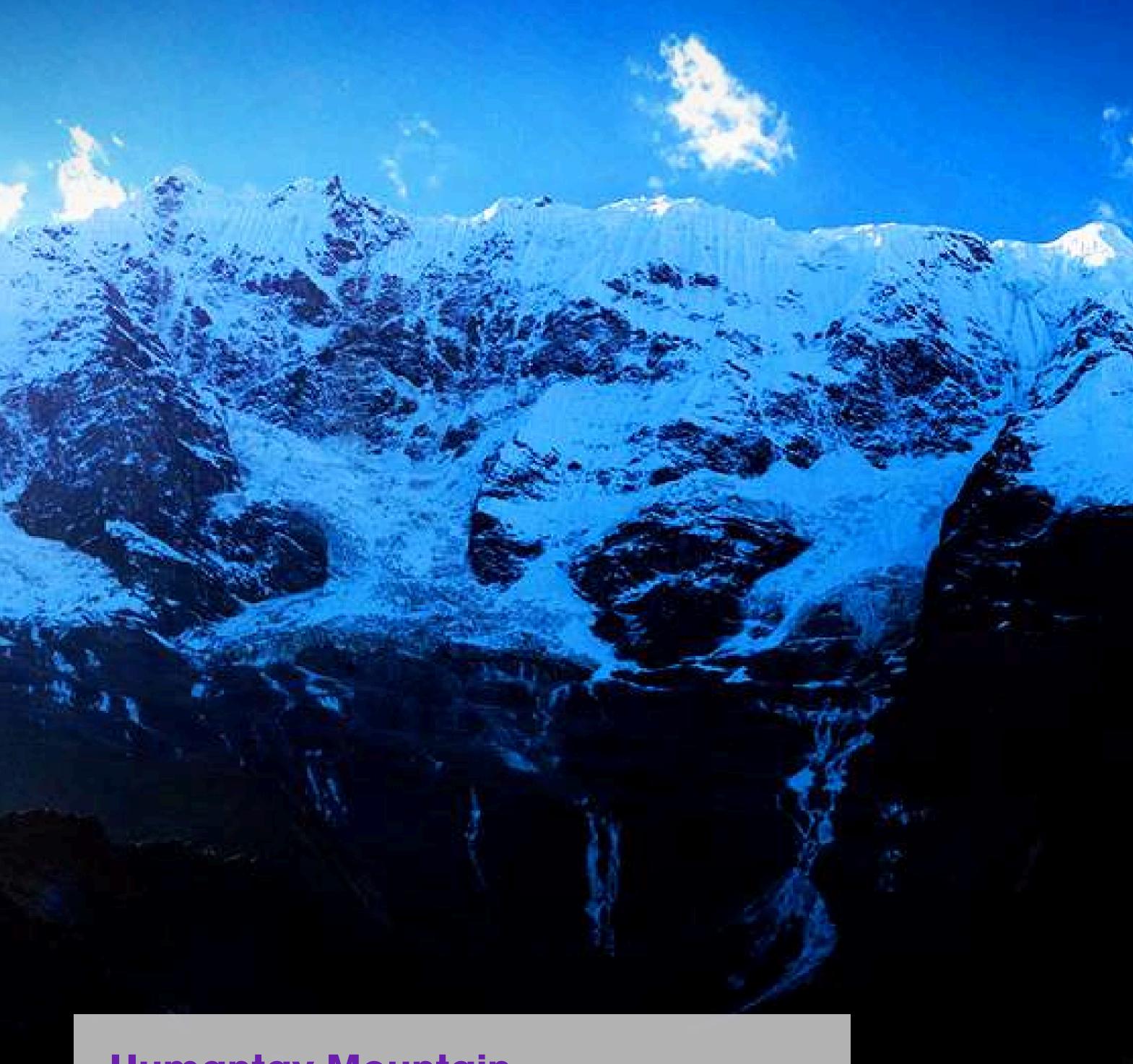
- Acclimatize in Cusco at least 1 or 2 days before the tour as the hike takes place above 4,200 meters (13,780 ft).
- Get a good night's rest before the tour and avoid alcoholic drinks.
- Walk at your own pace, but keep track of the group's timing.
- Stay well hydrated throughout the route.
- Bring coca leaves or coca candies to help with the effects of the altitude.
- Do not throw trash or remove plants or stones, respect the natural environment.
- If you're not used to long hikes, consider hiring a support horse.



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and serenity. For Andean communities, it is a sacred Apu, a guardian spirit that protects travelers, nourishes the valleys, and connects the earthly world with the spiritual one.





Humantay Mountain

The Humantay Snow-Capped Mountain, standing 5,473 meters above sea level, is the majestic guardian of the lagoon that bears its name. Its glacier gives birth to the turquoise waters that shift in color with the sunlight, creating a breathtaking landscape. Considered a sacred Apu and brother of the great Salkantay, it radiates a serene energy that invites travelers to pause, breathe, and admire the beauty of this place, where ice, rock, water, and sky come together in perfect harmony.







CONTACT US

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Monday through Friday from 9 a.m. to 7 p.m. Saturdays from 9 a.m. to 1 p.m.

